

CCHC to discuss self-sufficiency programs in Langlois

22 HOURS AGO

LANGLOIS – Ginger Pearson from Coast Community Health Center will be at the Langlois Public Library from 1-3 p.m. on Tuesday, Jan. 26, and from 5-7 p.m. on Tuesday, Feb. 2, to introduce individuals in Curry County to self-sufficiency programs.

These programs include such things as the Oregon Health Plan, energy efficient applications, vaccination information, food stamps, food banks, help for the homeless, rental information, weatherization programs and more.

Nanaymie Godfrey from Coos Health & Wellness will be discussing social isolation of the elderly and homebound individuals, as well as elderly suicide.

“I encourage those of you in the Langlois area to attend these programs if you or someone you know needs assistance,” said library director Karen Schaefer. “In a small town like ours, we count on our friends and neighbors. Some people may not know how to ask for help, and these two women may be just what they need. You ‘butting’ in may just be the right thing.”

For information call Schaefer at the library, 541-348-2066.