

COAST COMMUNITY HEALTH CENTER

Position Title: Mental/Behavioral Health Professional
FLSA: Exempt
Reports To: Medical Director
Salary: Depending on Experience

Position Summary: The Mental/Behavioral Health Specialist is a member of a multi-disciplinary team consisting of Medical Director/Physician, FNP's, RN's and Outreach Workers. This is a direct patient care position addressing mental health needs as a member of a multimodal team. Treatment plans include physical health treatment, mental health treatment, medication management, crisis management, and substance abuse treatment. Candidate must have a working knowledge of evidence-based psychosocial treatments for common mental disorders, familiarity with brief, structured intervention techniques (e.g., Motivational Interviewing, Behavioral Activation, Cognitive Behavioral Therapy), and a basic knowledge of psychopharmacology. Experience working with underserved, transient populations and working with patients who have co-occurring mental health, substance abuse, and physical health problems is required. Experience working with safety net providers within the community and knowledge of community resources.

Essential Duties and Scope:

- Assess the needs of individual clients and potential barriers to service. Develop strengths-based treatment plans with clients and treatment team;
- Collect information regarding clients' history through a combination of interviewing, records review, and consultation, after obtaining written consent;
- Participate in team clinical staff meetings and case conferences contributing a mental health/ behavioral; perspective to interdisciplinary treatment/ service plans/ approaches;
- Assess, triage and respond to psychiatric/substance abuse crisis;
- Provide crisis stabilization in conjunction with medical providers and community mental health specialists;
- Perform risk assessments and evaluate level of care needs;
- Work with clients in individual and group formats, utilizing evidence-based practices;
- Collaborates with Outreach Workers to link patients to community resources supporting behavioral change;
- Utilize and teach Motivational Interviewing to staff to identify stages of change and develop corresponding stage wise treatment strategies;
- Maintain client records as required by State, Federal, local and program standards/funding requirements;
- Works within scope of training and experience and seeks consultation when appropriate.
- Adhere to all state and federal privacy regulations, including HIPAA and 42 CFR Part 2, and to CCHC policies and agreements regarding confidentiality, privacy, and security. Support compliance with all privacy and security requirements pursuant to community partners' and outside providers' patient confidentiality agreements, including privacy and security requirements for EMR access.

Other Duties and Responsibilities:

- Collaborate with Medical Director to develop effective strategies for addressing unmet mental health needs;
- Participate in Outreach activities associated with the service area and patients of the health center;
- Escort clients (or collaborates with Outreach Worker) to meetings and appointments as necessary;
- Conducts education and support groups for clients;
- Collaborates with residential facilities, adult foster homes, county mental health departments, and providers to provide necessary mental health case management services and coordinate treatment/service planning;
- Participate in admission/discharge planning as needed for hospitalization or sub-acute level of mental health care;
- Serve as teacher within health center to improve staff knowledge of, recognition of common mental health and behavioral conditions, and develops office approaches to work with patients in a compassionate manner, while ensuring safe boundaries for clinical and support staff;
- Coordinate services with members of client's support network;
- Participate in training opportunities to advance skills and knowledge in addictions and mental health
- Self management of clinic schedule similar to medical providers with ability to be available and flexible to coordinate care approach with medical providers;
- Able to complete patient charting using electronic health record system and use of mental/behavioral DMS diagnostic and CPT
- Perform other duties as assigned.

Skills & Abilities:

- Ability to work effectively with peers in a team based environment, and collectively establish priorities;
- Advanced knowledge of Motivational Interviewing, Skilled in crisis assessment and crisis response;
- Able to identify client needs and develop plans to address those needs;
- Able to quickly and accurately perform risk assessments,
- Able to assess the needs of clients, family dynamics and potential barriers to service;
- Able to provide and teach CCHC staff methods to achieve identified behavioral goals;
- Demonstrates knowledge and skills in counseling techniques with individuals and groups.
- Knowledge of de-escalation methods or ability to be trained in de-escalation methods;
- Knowledge and skills in mental health and chemical dependency treatment methods;
- Ability to learn new skills and apply principles learned to new situations;
- Ability to display a non-judgmental attitude
- Communicate clearly and concisely both orally and in writing;
- Ability to work in an environment where people may be hostile or abusive;
- Ability to work courteously/effectively communicate with the general public, clients, and medical personnel;
- Ability to manage time and meet deadlines;
- Ability to maintain accurate records and necessary paperwork;
- Ability to provide leadership.

Minimum Qualifications:

- PhD Psychologist, MSW, LCSW, with licensure and credentials to allow private practice in the State of Oregon;
- Preferred mental health generalist experience in a medical setting with team based approach to client care;
- Knowledge of medication approaches to mental health disorders;
- Ability to meet credentialing requirements as required by private insurance carriers;
- Must possess an unencumbered active professional license and current with required continued professional education requirements to meet general credentialing requirements including FTCA;
- Must pass criminal background check;
- Must possess a current driver's license.

Physical Demands:

While performing the duties of this job, the employee is frequently required to sit and talk, listen, handle objects, tools, controls, and equipment, Employee must reach and bend, stand and walk, kneel and bend extended periods of time. The employee must occasionally physically assist persons, lift and/or move more than 25 pounds.

This description is intended to provide only basic guidelines for meeting job requirements. Responsibilities, knowledge, skills, abilities and working conditions may change as need evolve.

Employee Signature

Date